

Organisation	Description	Year 1 (2019/20) (£)
42nd Street	42nd Street will expand their online/digital work that they have been developing over the last 2 years and piloting elements of in Salford for 10 months. Their project currently focuses heavily on young person-centred, evidence-based approaches; drawing on significant research and support from national partners to improve access and outcomes for young people experiencing health inequalities. From consultations, 42nd Street will expand their scheme to target and increase access for young people and boost the opportunities afforded by online/digital opportunities, tailored to specific need and value the role of the VCSE sector as a key workforce.	299,814
Anna Freud National Centre for Children and Families	The AFNCCF have been delivering infant mental health (IMH) interventions since 1952 and have worked with Camden Council since 2005 to test and refine its IMH programme. This has expanded in the last two years through piloting IMH approaches in Enfield, Wandsworth and Luton and it now has an integrated IMH pathway, which provides a coherent continuum of service provision and a shared theoretical model of understanding and intervening with families and young children. They intend to expand their project in Camden and Wandsworth into a fully integrated multi-agency IMH pathway that engages with a wider breadth of the population's most vulnerable families. The expanded project will target 'missing families' that currently fall through the gaps between health and social care and are not engaging in IMH services.	139,483
Centre Thirty-Three Young People's Counselling & Information Service.	Centre 33 will expand their 'Someone to Talk To' project; which will address inequalities by targeting young people and offering a more tailored but flexible and appropriate offer. This will include allowing for disrupted, sporadic and open-ended engagement, and the capacity to work with them for longer, focussing on building a	247,000

	trusting and stable relationship with one adult.	
Family Action - Bradford	<p>Family Action propose an innovative partnership project, building on existing successful projects delivered by Family Action, Relate Bradford, and Step 2. The aim is to formulate psycho-education for parents and professionals to help them understand the impact of trauma and how to effectively support the child, strengthening parent-child relationships. Moreover, Family Action will deliver a package of therapeutic support to children and their families, with each family offered one or more of the following interventions for up to 12 sessions, according to their need: Individual counselling, family counselling, psycho—education; and attachment therapy. A referral pathway will also be developed with school nurses and school staff, to ensure service users are supported in school.</p>	166,722
Family Action - Hackney	<p>This project will expand two existing services of Therapeutic Work and Reach and Resilience. Hackney has a relatively young population which is more ethnically diverse than across London with high levels of child poverty as well as children with social, emotional and mental health needs. Mind the Gap will develop a new relationship between existing services using a new community 'InReach' approach designed to increase the capacity of African Caribbean communities to identify and support young people's mental health needs. Delivery will include clinical services in trusted settings; non-violent resistance training for parents; mental health first aid 'Train the Trainer'; wellbeing programmes for young people; and parent engagement in schools.</p> <p>The project seeks to create system change and create learning whereby there can be greater understanding on providing services that meet the needs of African and Caribbean communities.</p>	299,989

<p>LifeLine Community Projects</p>	<p>LifeLine will enhance their Vision, Identity, Purpose (VIP) project to embed 1:1 mentoring within a community-centred early intervention programme. Through this expansion, the project will seek to provide preventative support and inclusion in positive activities for vulnerable young people before they meet the Child and Adolescent Mental Health (CAMHS) threshold, reducing the pressure on CAMHS. They'll work with young people within the 12-18 age range with specific needs characteristics that are known to present higher risk of poor mental health.</p>	<p>298,698</p>
<p>Northpoint Wellbeing</p>	<p>Northpoint Wellbeing will build on the success of their Open Minds Partnership (OMP) project, which delivers early intervention and prevention services alongside other partners in line with the THRIVE framework; to develop a Transition Support Project (TSP), which will focus on the transition from primary to secondary school, particularly for those in Years 5 and 6.</p> <p>Their aim is to develop a skilled workforce and to provide a holistic health and wellbeing service for younger children. This will be achieved through the expansion of their early intervention offer, and through the development of targeted services for young people – particularly those identified as having experienced significant 'life-changing events' that are likely to impact on their transition from primary to secondary.</p>	<p>116,000</p>
<p>People Potential Possibilities</p>	<p>P3's 'Navigator Hub' project currently provides a drop-in for young people in crisis and offers advice on range of areas including but not limited to; homelessness, unemployment and debt, health and mental health; and domestic violence. P3 will expand this project into "Navigator Plus", with the aim to enhance the wellbeing of young people aged 13-25 years old through early intervention. This will be done through a recognised model which will bring together key elements to</p>	<p>230,518</p>

	enhance wellbeing; such as, individual, asset based coaching and weekly supervised peer support.	
The Proud Trust	The Proud Trust's Peer Support Project began in 1998 and supports LGBT young people get through life changing events including discovering their sexuality/gender and coming out. The expansion will aim to support a greater number of trains people by 'matching' them to a trained peer supporter who works with them. Care will typically consist of six sessions, including using goal setting CBT worksheets. For higher tier support they are referred to counselling locally, either in parallel to support provided by the Trust or instead of.	23,100
The What? Centre	The What? Centre will expand their current work on supporting LGBTQ+ young people and will seek to work with people aged 13-25 and their families. They aim to increase capacity, support the BAME community through accessing mental-health provision; and work with Phase Trust who wish to build on their work with CYP around their experience with loss.	90,000
Visyon	Visyon's current project provides therapeutic 1-1 counselling to young people aged 12-18. They are seeking to expand their age range to children aged 8+, providing evidence based emotional health interventions to younger children who are experiencing emotional health difficulties. Visyon and their partners are seeking to intervene earlier, to provide firm foundations to improve children's life chances and reduce the likelihood of needing statutory services or of developing an enduring mental illness as they grow older.	154,000
Young People Cornwall	Young People Cornwall will expand their 'Hear Our Voice' project, which was set up in 1997 and provides children and young people aged 11-25 experiencing difficulties with their mental health and wellbeing with access to support through a range of interventions in non-clinical, school & community settings. Their expansion will employ two additional Well-being	65,243

	Practitioners (WP) who will be able to work with CYP aged 8-10 years, supporting CYP at an earlier stage, before emerging mental health issues escalate or reach a point where statutory services must intervene.	
Youth Works Northamptonshire	<p>Youth Works Northamptonshire are acting as Lead Provider on behalf of REACH – a collaboration of 5 long standing youth counselling providers across Northamptonshire which provide numerous services including but not limited to; youth counselling and emotional wellbeing support to young people aged 11 – 19 years and anxiety management groupwork.</p> <p>Youth Works plan to expand their project by providing specific interventions for families and younger children and drop-in support for parents of this age group. They aim to identify and build on existing assets within the family; to improve longer term health and wellbeing outcomes and reduce the impact of Adverse Childhood Events (ACEs). This will be done through a 10-session family programme based on the Ten Keys to Happier Living framework, from their community-based venues across the county.</p>	112,000
Autism West Midlands	Through their Autism Confident model, Autism West Midlands support adults through an 8-week programme with 1 to 1 sessions, with participants for the first and last session and 6 group sessions for 6 participants, delivered in central Birmingham which respond and focus on specific issues including; one's autism, self-esteem, anxiety and emotions; as well as relationships and developing independence. They will expand their model to focus on young people aged between 13 and 18 years old. The project will run in small groups of between 6 – 10 per programme; with the first year undertaking some working groups for co-production and development of the final	14,317

	programme content followed by 2 of the 8-week programmes.	
Chance UK	<p>Chance UK intend to expand their project which seeks to deliver intensive mentoring to children with emotional and behavioral problems. The expansion will focus on children aged 10-12 preparing for transition to secondary school in the London Borough of Islington. This project will monitor 20 children for 6-9 months (60 in total over three years) during the transition into secondary school. The mentor and child, in partnership with the parent and project staff, will consider strategies to help overcome challenges that lie ahead in order to facilitate a successful transition to secondary school.</p>	91,056
Fellowship of St Nicholas	<p>The Fellowship of St Nicholas (FSN) plan to expand their My Time project, a service which has been developed to deliver two areas of work; one focused in primary schools aimed at children 7-11 years and one aimed at older children and young people in secondary schools aged 11-18. The expansion will provide support around life changing events; transition out of school and into adult services and taking responsibility for their own health.</p> <p>The project will also involve the recruitment, training and support of peer mentors. As an organisation whose aim is to support children and young people, FSN has a trained and experienced staff team who have the skills and knowledge to deliver training and support programmes for young people.</p>	24,618
No Limits (South)	<p>No Limits plan to expand their Primary Mental Health Workers (PMHW) project and ongoing integrated mental health support pathway to the 18-25 age group, based at the Advice Centre. They want to fill this gap by creating a "Young Adults in Mind" team, with two youth workers and two PMHWs offering a defined pathway and holistic support for 18-25s who present with mental health issues, from early intervention through to longer-term</p>	160,000

	<p>support for their mental health issues, including therapeutic groups, and the addressing of other issues which are impacting on the young adult's mental health, especially life-changing events.</p> <p>The aim is to provide an easier access route for young adults to achieve mental health support. The new "Young Adults in Mind" team will be able to take a joined-up person-centred approach, creating a holistic package of support. Following the early intervention work, the integrated pathway to mental health currently accessed by up to 18s through the PMHWs will be accessible to 18-25s through the same route with existing funding.</p>	
Off the Record	<p>Off the Record (OTR) want to improve support for young people aged 18-25, including those transitioning to adult services: increasing mental health support in the community. OTR has been an integral part of the local Adult Mental Health review, led by Bath & North East Somerset(B&NES) Council and the CCG, which looked at the delivery of community mental health services and identified necessary improvements. The project will target 18-25-year olds living or studying in B&NES, including those moving from child to adult mental health services. They expect approximately 1500 additional young people aged 18-24 years to benefit through the expansion of OTR, Listening Service work, approximately 500 young people per annum.</p>	97,000
Response	<p>Response employ and train a Mental Health 'Community In Reach Worker' who acts as crucial intermediaries between first point of referral and CAMHS statutory intervention. A component of the model is to utilise the third sector's expertise to identify early intervention and prevention, alleviating the pressure on CAMHS to meet rapidly accelerating demand for intervention for CYP's experiencing early</p>	300,000

	<p>signs of mild to moderate mental health issues.</p> <p>Response will expand the third sector's reach and impact through a proactive and preventative programme, the Mental Wealth Academy Model. The Model will consist of training, peer mentorship and direct intervention; sharing the impact with CCG's aiming for it to be scalable. The Model is aimed at 18-25-year-olds.</p>	
Sharing Voices	<p>Sharing Lives' BME Young Peoples project currently provides support for young people aged 8-25 years old on a range of issues that impact upon their mental health, such as bullying, self-harm and abuse. This is done through one-to-one support and workshops.</p> <p>The extension seeks to engage with young people that attend faith-based organisations who operate supplementary schools on evenings and weekends. By reaching out and working in partnership with religious leaders; the project will seek to support young people who are in the youth justice system, are asylum seekers, excluded from school or living in poverty. This will be done by embedding 2 community mental health workers within faith-based organisations across Bradford and District and acting as 'connectors' between statutory and community organisations.</p>	99,500
Tameside, Oldham and Glossop Mind	<p>Youth in Mind was established in 2014 by TOG Mind, funded by Oldham CCG; to deliver a prevention and early intervention programme for CYP within Oldham including drop-in sessions, 1-1 facilitated self-help interventions and 1-1 counselling. The programme seeks to provide access to support earlier to prevent CYP mental health needs from escalating and reduce the amount of specialist support required from statutory services. The expansion is aimed at CYP aged 8-18 with emerging</p>	237,599

	<p>issues or concerns regarding their emotional health, wellbeing or mental health. The project does not have specific access criteria and CYP do not need to be diagnosed with a mental health condition to access support. This funding would enable Tog Mind to trial a new integrated partnership approach towards CYP and families by delivering joined up services within the same community hub.</p>	
York Mind	<p>York Mind propose to expand their current Arts Award group provision to a wider age group, expanding the variety of 'life skills' themes into sessions. The purpose is to support the mental health prevention and recovery agendas and enhance integration between local authority and CAMHS provision. The Arts Award project commenced in 2013, initially through group support for 16-25-year olds working towards an accredited arts award. Its success enabled expansion into multiple art forms and the inclusion of young people aged 13-16. This project encompasses 16 weeks of art-based groups, enabling young people to increase skills, confidence, sense of identity and reduce isolation.</p> <p>The expansion will incorporate two main changes: 1) Access for a wider age range- accommodating different age ranges, based on school years. 2) Expand themes of 'life skills' into the groups- each group will use different art forms to explore key 'life skills' topics which are age appropriate for each group. As well as this, young people will have access to 1-1 support outside of the group sessions to explore key issues further.</p>	50,000
Young Lives Consortium	<p>Young Lives Consortium's Future in Mind (FIM) project promotes, protects and improves children and young people's mental health and wellbeing with the support of 7 Community Navigators (CN); each CN is based within a community centre or specialised organisation, and provide specialist support with</p>	43,600

underrepresented groups including Disabled children and young people (C&YP), LGBT&Q, and Black Asian Minority Ethnic C&YP.

The core offer is underpinned by the Resilience Framework; an evidence-based approach aiming to improve C&YP's emotional, social and educational outcomes. The Consortium's work in schools alongside C&YP to manage life changing transitions for example moving from Y6/7 Primary to High School and in Year 10/11 including Schools for those with Complex Needs and Pupil Referral Units.